



Pack my Hospital Bag with Me



Baby Bag

- 3 Caps
- 3Vests
- 3 Onesis
- 3 Rompers
- 1 Flanel
- 1 Baby Shawl
- 1 Diaper Small Pack
- Soft Wash Cloth
- 3 Socks
- 3 Mittens
- Wipes
- Baby Towel
- Beast pump

Admission Documentation

- National ID/passport
 - Insurance card,
 - Doctors medical summary,
 - Filled out insurance pre authorization if applicable,
 - Latest obstetric ultrasound report,
 - Antenatal booklet,
 - Ongoing prescription medication and supplements
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GENERAL

- Shaving
- Hair do
- Partner roles and responsibilities

Notes